

4th September 2019

Dear Parents/Carers,

PSHE & Sexual Health Education

The Wren School believes that promoting the health and well-being of our students is an important part of their overall education. We aim to accomplish this through delivering our Personal, Social and Health Education (PSHE) course. One important aspect of the PSHE course is Relationship and Sex and Education (RSE).

The team of school nurses, led by Helen Snell (our school nurse); will be delivering a SRE session on Thursday, 19th September. The session will last for 90 minutes and will include topics such as: *healthy relationships; contraceptives; prevention of HIV/AIDS and other sexually transmitted diseases; body image and sexting and consent*. During the session, students' questions will be answered factually and in an age appropriate manner. Each student's privacy will be respected and no one will be asked to reveal personal information.

Some aspects of RSE are compulsory, as they are part of the national curriculum for science. For non-statutory aspects of RSE, parents may withdraw their children if they wish to do so. However, The Wren School believes that the prevalence of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Rather than hear about the content of the session second-hand, we hope all students will have the opportunity to take part in this carefully planned session.

If you choose to withdraw your child from the session, please complete the attached slip and return to student reception. Students who are withdrawn from the session will attend their normal lessons instead.

Kind regards,

Mrs R Clarke
PSHE Leader

Please return this slip to Student Reception by Friday 13th September 2019

PSHE & Sexual Health Education – Thursday, 19th September 2019

I would like to withdraw my child (name) _____ from the RSE session.

Parent / Carer's signature _____ Date _____